



## WHAT'S NEW AT **MASTERLUBE?**

# Big Success for the Glass Doctor

Moving locations in 2014 didn't stop the folks at Glass Doctor of Billings from having a great year! During a statewide Glass Doctor meeting in January, Billings was the story of the year. Normally businesses see at 30% drop in sales when they change locations - but Dan, Shelbi, and the Glass Doc crew had a 27% increase! Congratulations!



Remember: USA Flags out for President's Day - his way, but must accept his lot calmly, even if they roll a few more upon it. - Albert Schweitzer

"Anyone who proposes to do good must not expect people to roll stones out of

#### <u>Anniversaries</u> <u>February</u> Michelle Gallagher - 19 Years Dan Halford - 7 Years Shelbi Godfrey - 6 Years Joey Moratelli - 6 Years Tanaya Merchen - 6 Years Casey Couture - 4 Years

TECH TIP

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Glass Doctor of Billings will have a booth at this year's Spring Home Feb 16 Improvement Show in March at MetraPark and we are looking forward to an even better 2015.

Help Wanted: Tech Tips Expert

On a different note, we are trying to revive our "Tech Tip" feature in our newsletter and online blog. If you have a tech tip that you would like to share big or small - please contact Miranda at the MasterLube office.

lunch!)



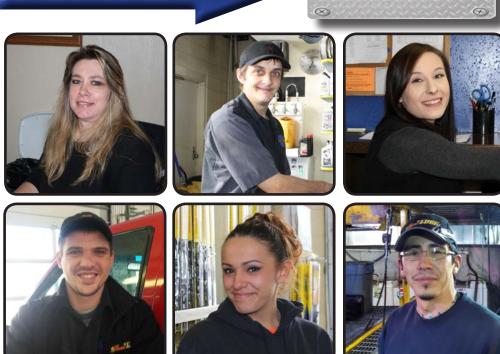


Scan the code for Iconic Places & Uncommon People



Doug chats with former MasterLube employee Michelle Olsen during a small goodbye gathering at the MasterLube office. Doug is off fishing and enjoying his retirement 100% now! Best of luck to you, Doug!

1001 Little Things... ·



Left to right. Top row: Michelle at the MasterLube office celebrates 19 years with MasterLube! Dan at Grand Ave and Shelbi at the Glass Doctor celebrate 7 years and 6 years respectively. Bottom row: Joey from Downtown and Tanaya from Grand each celebrate 6 years and Casey from King hits the 4 year mark. Congratulations all around!

Work on these in February -

- n you are on the





## **NO-COST COUNSELING**

## Confidential Counseling Available Through EAP Program

Did you know MasterLube employees can visit St. Vincent's Employee Assistance Program (EAP) for counseling services at no cost to employees and their families? The EAP program can help with short-term, confidential counseling by certified professionals at St. Vincent's Behavioral Health. They also provide a toll-free crisis hotline should you need emergency services (888-662-5461). EAP Services can help with a variety of issues and illnesses such as depression, stress management, marriage and family counseling, anxiety, grief and others.

To take advantage of these services, call the St. Vincent Behavioral Health office at 237-3585

and tell the receptionist you would like to use your workplace's EAP services. They can assist you in scheduling an appointment. Appointments are completely confidential and no records are shared with MasterLube. You do not have to participate in our health insurance plan for this benefit.

If you'd like a brochure about these services, call Miranda at the MasterLube Office 248-8871.

## **COMMUNITY RESOURCES**

#### *Guide to Community Assistance Available on MasterLube Computers*

MasterLube has gathered and organized some information about various community resources to help you or someone you know during a time of need. From contact information for parenting classes to a listing of AA meetings, you'll find our list a helpful tool if you ever need it.

You can find the list on the MasterLube PC in your store. Just look in Dropbox>MasterLube Forms>Misc>Community Resource Guide.

> New Year AHEAD

If you need assistance with the list, ask your manager or call the MasterLube office.

# SHAPE UP MASTERLUBE

### Employee Health Club Memberships

How about a new you for the new year?! How about for half the cost?! MasterLube has a special arrangement with the YMCA and Granite Fitness to pay half of your monthly membership fees. The other half is conveniently deducted from your paycheck.



If you are interested in taking advantage of this

opportunity, just call the YMCA or Granite Fitness and tell them you are a MasterLube employee. They will walk you though the sign up process. Individual, couples, and family memberships are available. If you choose Granite Fitness and would like to use both their West End AND Heights locations,

you must sign up at the West End location. The YMCA offers members two pools,

racquetball courts, weight rooms, a variety of group classes, a rock climbing wall, basketball courts/gymnasiums, a running track, child care, and a variety of fitness equipment. Personal trainers, massages,

nutritional consultation, and group sports are offered for additional fees (not covered by MasterLube).

Granite Fitness offers a variety of cardiovascular and strength training equipment, child care, and group classes at both locations. A pool, gymnasium, and tanning (additional fee) are

available at its West End location only. They also offer massage, nutritional consultation, group sports, a juice and coffee bar and personal training for additional fees (not covered by MasterLube).

The hours for all facilities can be found on their websites at www.

granitebillings.com and www.billingsymca.org.

Remember that taking good care of your body will help many areas of your life. Consider it a way to "feed your White Dog."

For information about membership pricing at either facility, call them directly; Granite Fitness, West End: 294-5040, Heights: 252-7737. YMCA: 248-1685.

## **HEALTH INSURANCE QUESTIONS**

You've Got Questions? - Ben has Answers!

Our medical, dental, and vision plans have some slight changes for 2015. Ben Surwill has already met with each store to explain these changes, but if you ever have questions, please call Ben at 248.3956 or email ben@surwill.us.



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